

EVERY EPISODE, EVERY SEASON.

The SHRM PMQ emphasizes the three major skill areas all high-performing managers possess: Communication, Management Basics and Performance Management. Across three seasons and 30 "binge-worthy" episodes outlined here, your People Managers will pick up dozens of practical, "real world" skills needed to be successful team leaders in today's workplace.

Episode 1: Promotion Episode 2: Shifts Episode 3: A Little Help, Plz













SEASON 1

S1 E1 - Promotion

Transition from Individual Contributor to People Manager

S1 E2 - Shifts

- Communication to team

- Self awareness

- Prioritization (lightly)

- Delivering feedback

 Topics to know and understand across business (goals, budgets, finance fundamentals)

S1 E3 - A Little Help, Plz

- Use of coaches and mentors

S1 E4 - Get Out

- Communicating with the team

S1 E5 - Like This

- Social media policies

S1 E6 - Text Me, Maybe?

Informal performance management to address under-performance

- How to connect with your team

- Listening (open-ended questions/ask don't tell)

S1 E7 - Man in the Middle

- Use of personal data (personally identifiable information)

- Data and security

S1 E8 - Time Flies

- Time management

- Performance management (how to write a performance review)

- Productive meetings and organization tips

S1 E9 - Shed the Weight

- Delegating work (transition from doing to managing)

S1 Finale - Assessment with Two Attempts

 Learner must achieve passing score in order to unlock Season 2 content

SEASON 2

S2 E1 - Lonely at the Top

- Delegating work (transition from doing to managing)
- Team Culture (setting the tone, being proactive)

S2 E2 - Culture is King

- Managing team culture
- Components of a strong culture

S2 E3 - Step into my Office

- Difficult conversations
- Laws and Compliance foundation (Civil Rights Acts, ADEA and ADA)
- GROW model for coaching

S2 E4 - The Meme

- Bullying characteristics and implications on the workplace
- Communication types, styles and challenges
- Distractions (physical interference and psychological interference)
- Judgment awareness

S2 E5 - The Dream

- Communicating to leadership ("up")
- Quantitative data vs. qualitative data
- Sharing bad news

S2 E6 - The Training

- Emotional intelligence (what it is and why it is important to a people manager)
- TEA principle (Thoughts, Emotions, Actions)

S2 E7 - Take the Reins

- Job descriptions
- Job postings
- Interviewing preparations and tips (preparation, openended questions, what can/can't ask)
- When and how to collaborate with HR and your supervisor
- Forward filling vs. backward filling

S2 E8 - Take the Reins II

- Job offers, compensation and negotiation

S2 E9 - Get Onboard

- Preboarding, orientation and onboarding

S2 Finale - Assessment with Two Attempts

- Learner must achieve passing score in order to unlock Season 3 content

BONUS EPISODES

Workplace Bias, Social Justice & Mental Health

- Protect Your Joy

- Instances of bias in the workplace
- Leading empathetic and proactive conversations
 - How to foster an inclusive team environment

- Our Whole Selves

- How social justice enters and affects the workplace
- Facilitate workplace conversations surrounding social iustice and worldview
 - Advocate for HR policies that address social justice in the workplace

- Cultivate Your Wellness

- Create cultures of trust and empathy
- Explore how to partner with HR when employees are going through a mental health struggle
- Learn what resources are available to support wellbeing both for you and your employees

SEASON 3



S3 E1 - The Breakfast of Champions

- Talent management
- Formal performance evaluation/appraisal
- Employee development
- Feedback importance and how to deliver positive and constructive feedback
- Documentation

S3 E2 - Two Ears, One Mouth

- Formal review guidance
- HR collaboration needs
- Bias types and awareness (halo effect, horn effect, recency, primacy, bias, strictness, leniency, central tendency and contrast)

S3 E3 - Build 'em Up for Success

- Employee recognition and rewards overview

S3 E4 - The Bad Apple Effect

- Team synergy
- When and how to engage HR, related to progressive discipline
- How and when to use Performance Improvement Plans (PIP)

S3 E5 - Brace Yourself: Lisa Quits!

- Voluntary resignations
- Stay interviews
- What information to gather before they leave
- Work/friendly boundaries
- Updating job descriptions

S3 E6 - Planning for Change Ahead

- Transition plans for internal transfers
- Communication with other leaders (across the organization)

S3 E7 - The Uncomfortable Zone

- Involuntary separations (with cause, without cause and required documentation)
- How to involve HR, Title VII, ADEA and ADA
- Protect yourself, other employees and company assets

S3 E8 - It's Not What You Say, It's How

- Location closing and transferring to a new site
- Communicating tough conversations/topics
- Executive presence
- Communicating down

S3 E9 - Change is Constant

- Communication mindsets
- Change management overview

S3 E10 - Nailed It

- Each friend reviews their key learning moments

S3 Finale - Assessment with Two attempts

- Learner must pass the end season 3 finale to unlock the series finale.

Series Finale

- Assessment with One attempt

- Learner must achieve passing score in order to earn the People Manager Quantification and digital bage.

